

So many people who suffer from
different experiences of depression
and sadness—they can discover that
the love of God is truly healing,
that it brings hope.

Pope Leo XIV



NATIONAL
CATHOLIC
mental
health
CAMPAIGN



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About the National Catholic Mental Health Campaign

The National Catholic Mental Health Campaign is a year-round initiative of the USCCB to encourage all people of good will to respond to the ongoing mental health crisis across the United States.

You can get involved by:

- Praying the Novena for Mental Health.
- Participating in Mental Health Sunday.
- Organizing a Catholic conference on mental health.
- And much more!

Learn about the Campaign by visiting usccb.org/mentalhealth or scanning the QR code below.



United States
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